

Teacher	Adrian Worsfold				
Date	23 January, 24 January 2003				
Time	Period 4 in each case				
Place and room	W24 both times				
Group	Y8: W3, S3				
Subject and topic	RE Moksha and Yogas				
Resources	OHTs, Textbooks, exercise books, worksheet				
Aim of Lesson	Understand Yogas and Moksha				
Objectives (to go on board)	<p>(The student will be able to demonstrate that:) This lesson I learn that:</p> <ul style="list-style-type: none"> ☉ The four types of Yoga are Jnanayoga (spiritual knowledge), Karmayoga (work duty), Bhaktiyoga (devotion to a god/ goddess) and Rajayoga (meditation). ☉ Yoga is the means to improve karma (merit) and achieve Moksha (release of Atman, the soul, to Brahman, the Ultimate). 				
Timing	Point (Objective)	Task	Differentiate (if relevant)	Assessment method	Resources
5 minutes	Starter task: 4 ways to improve merit and 5 ways to lose it. Present the learning points and reveal good and bad Register	Into back of books	Imagination of ideas	Wipeboard and answers	Exercise books, wipeboard List this down the side of wipeboard and leave for later!
10 minutes (less than)		Listening and writing learning points down, revealing good and bad suggestions			
10 minutes	Applying yogas to varnas	They write appropriate yoga next to varna, can be last week's bit		Marking book and later	Use last week's OHT
25 minutes	Moksha Chitram game	From list, place in some order of good & bad on grid	Imaginative	Viewing later	Wipeboard list, 100 square grids.

5 minutes	Summary points	Lecture, possible question and answer		Responses	
<p>Guide:</p> <p>Pupils as a whole and individuals aid to understanding. Monitoring method and evidence. Work relationship to previous learning. Pupils understanding the criteria for assessment.</p> <p>Relevant, sound subject knowledge. Work differentiated. Pace. Smoothly from activity to activity. Teaching strategies and learning styles. Entry level. Core subjects like literacy and numeracy. Class management and control.</p> <p>Resources appropriateness. Use of ICT.</p>			<p>Evaluation:</p>		
<p>Continuation thoughts:</p>					